Behavioral Sciences Regulatory Board 700 SW Harrison St. Suite 420 Topeka, KS 66603-3929



Phone: 785-296-3240 Fax: 785-296-3112 www.ksbsrb.ks.gov

David B. Fye, JD, Executive Director

Laura Kelly, Governor

#### FILING OF CLINICAL SUPERVISION TRAINING PLAN

To begin accruing hours toward the LCAC you must submit a training plan for approval to the Board.

- There is no fee to file a Clinical Supervision Training Plan.
- You must be licensed as a master's addiction counselor (LMAC) or licensed as an addiction counselor (LAC) and earned a master's degree in addiction counseling or a master's degree in a related field, approved by the Board, before submitting your training plan for approval to begin counting supervision hours.
- The Clinical Supervision Training Plan needs to be completed by you and your supervisor(s).
- You and your supervisor(s) will need to read the statutes and regulations <u>prior</u> to completing the training plan. Please see K.A.R. 102-7-6 for supervision requirements and clinical licensure requirements. The regulations may be found on our website <u>www.ksbsrb.ks.gov</u>
- Attach to the training plan and official job description for any position that you intend to use to accrue hours towards the LCAC. If your work site is a private practice you may write your own.
- You must receive approval, in writing, from the Board before you may begin counting supervision hours. If approved, the approval date will be backdated to the date the training plan was received by the Board.
- You will be notified in writing by the Board office within 30 days regarding approval of your training plan. If you have not received notification within 30 days, please contact the board office.
- Any changes to the approved training plan must be submitted in writing within 45 days of the change or the hours accrued prior to notification will not be accepted.
- You must be under supervision and accrue hours towards the LCAC for a minimum of 24 months.
- When all the supervision requirements have been completed you may apply for the LCAC and be approved to take the MAC exam. If you have previously passed the MAC exam you will not be required to take the exam again. You are not required to apply for the LCAC or take the exam within a specified amount of time.
- Return the training plan to the BSRB by postal mail to the address above or by email to bsrb@ks.gov
   Do not submit the training plan by fax.



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# Clinical Supervision Training Plan Addiction Counselor

No hours may be accrued toward the LCAC without an approved training plan. The training plan approval date will be backdated to the date the training was received in the Board office, provided the plan is approved.

The supervisee shall complete sections 1 and 2.

Each supervisor(s) with whom the supervisee will be accruing hours towards the LCPC shall complete sections 3 and 6.

The supervisor(s) shall complete sections 4 and 5.

1. Information regarding supervisee: [Completed by supervisee]

Name	Email					
Home Phone	Cell Pt	none(Optional)				
Home Address		(Optional)				
City, State, Zip						
Has the Board approved your master's degree as a related field for addiction counselor licensure?						
LMAC number	Issue date	Expiration date				
2. Information regarding the Supervision Setting: [Completed by supervisee]						
Section 2 must be complet the LCAC.	ed for each work site and position	n where you will be accruing hours toward				
Work site where you will be accruing hours towards the LCAC.						
Work Site						
Address						
City, State, Zip						
Phone	Your Title in this su					

Attach an official position description for each position that will be used to accrue hours towards the LCAC.

## 3. Information regarding Supervision Training Plan: [Completed by supervisee and supervisor(s) together]

#### If the answer to any of these questions is no, provide an explanation on a separate page.

#### 1. Diagnosis

Will the supervisee, under the supervision of the supervisor provide a diagnostic impression based on DSM-5 substance use disorder? Yes No

#### 2. Treatment

Will the supervisee, under the supervision of the supervisor provide a treatment recommendation based on the DSM-5 substance use disorder criteria? Yes No

- 3. Will the supervisee meet the minimum requirements in no fewer than two years? Yes No
- **4**. Answer the following questions regarding supervision:
  - a. Will the supervisee meet for supervision at least twice a month, one of which must be individual supervision? Yes No
  - b. Will the supervisee meet for one hour of supervision for every 15 hours of direct client contact? Yes No
  - c. Will the supervisee accrue a minimum of 50 hours of individual supervision? Yes No
  - d. Will the supervisee participate in group supervision? Yes No If yes, will there be six or fewer LAC/LMAC supervisees? Yes No
  - e. Will the supervisee accrue a minimum of 100 hours of supervision? Yes No
  - f. Will any supervision occur via interactive televideo? Yes No
     If yes, is the platform technologically secure?
     Yes No
     Note: The format of supervision must be noted as part of the supervisor's attestation.
- **5**. Will both the supervisee and the supervisor document the supervision meetings (to include date and length) in writing in a way that can be reviewed by the Board if requested? Yes No
- 6. Will the supervisee receive regular, and periodic evaluations? Yes No
- 7. Will the supervisee notify the clients in writing that the supervisee is practicing under supervision, the limits of confidentiality under supervision, and the name and contact information for the approved supervisor? Yes No
- **8.** Will the supervisee notify the Board in writing of **any changes** to the approved training plan within 45 days of the change? Yes No
- 9. Is there a plan in place to remediate conflicts between the supervisee and the supervisor? Yes No
- **10.** Will the supervisee be providing services to clients who are not physically located in the state of Kansas at the time services are provided? Yes No
- 11. If yes, is the supervisee licensed in the state where the client is located? Yes No
- 12. If yes, is the clinical supervisor clinically licensed in the state where the client is located? Yes no

### Provide answers to questions 13-19 on a sperate sheet of paper:

- **13.** Provide the format and schedule for supervision.
- **14.** Explain the supervisory context, including the purpose of supervision.
- 15. Clients
  - a. Describe the clients to whom the supervisee will be providing services.
  - b. What services will the supervisee be providing to clients?
- **16**. Review the definition of addiction counseling below (KSA 65-6608) and list the clinical supervision goals and briefly describe how the supervisee will attain those goals.
- (b) "Addiction counseling" means the utilization of special skills to assist persons with addictions, and to assist such persons' families and friends to achieve resolution of addiction through the exploration of the disease and its ramifications, the examination of attitudes and feelings, the consideration of alternative solutions and decision making, as these relate specifically to addiction. Evaluation and assessment, treatment including treatment plan development, crisis intervention, referral, record keeping and clinical consultation specifically related to addiction are within the scope of addiction counseling. Additionally, at the clinical level of licensure, addiction counseling includes independent practice and the diagnosis and treatment of substance use disorders.
- 17. Outline the supervisee's responsibilities in relation to these goals and objectives.
- **18**. Outline the supervisor's responsibilities in relation to these goals and objectives.
- **19**. Describe the contingency plans for missed supervision sessions, and supervision if the approved clinical supervisor is unavailable. **Provide the name of emergency supervisor (required).**

An emergency supervisor is someone you would contact in an emergency or crisis if you could not contact your approved clinical supervisor. He/she can be anyone who is clinically licensed since the supervisee will not be accruing any supervision towards the LCAC with this person.

A back up supervisor is someone with whom the supervisee would meet for supervision if the approved clinical supervisor is unavailable, either because of an unplanned or extended absence. This person must be approved in writing by the Board.

Please note: Anyone whose name is provided in answering this question is NOT automatically approved to provide supervision. No hours accrued under this supervisor (or supervisors) may be used toward the required hours for the LCAC unless he/she is approved by completing section 4,5 and 6 of the training plan or by submitting a training plan amendment after the training plan has been approved. Any supervisor with whom you wish to accrue hours towards the LCAC must be approved by the Board. Approval is provided by submitting the appropriate documentation to the Board.

Any supervisor with whom the supervisee will be accruing hours towards the LCAC must complete sections 4,5, and 6.

4. Information regarding supervisor: [Completed by supervisor(s)]					
Name	Email				
Agency	<del></del>				
Address					
Home Phone	Work Phone				
KS License Type	License Number				
Issue date	Expiration date				
Were you licensed at the clinical leve	el in a state prior to Kansas?	Yes	No		
If yes, state of licensure	License type				
Issue date	Expiration date				
disorders, for two years beyond the state of	that included assessment, diagnosis, and treathe date of clinical licensure?  not eligible to be a clinical supervisor.  ary investigation, sanction, or practice limitate intialing board or professional organization?  xplain fully in an attached, signed statem	Yes tion or any othe Yes	No er adverse		
5. Information regarding the	e supervisory relationship: [Complete	d by supervi	sor(s)]		
Please read K.A.R. 102-7	7-6 <u>prior</u> to answering the follow	<mark>ing questic</mark>	<mark>ons.</mark>		
1. Per K.A.R. 102-7-6(e)(1) – Do licensure, you will have, profession clinical functioning in the practice	o you understand, as a supervisor of a licens onal authority over and professional respons e of addiction counseling?	sibility for the s	king clinical upervisee's No		
<b>2.</b> Do you have a harmful dual re	elationship with the supervisee?	Yes	No		
<b>3.</b> Do you have knowledge of and	d experience with the supervisee's client por	oulation? Yes	No		
<b>4.</b> Do you have knowledge of and employ?	d experience with the methods of practice th		see will No		
<b>5.</b> Do you have an understanding supervisee's practice setting?	g of the organization and administrative polic		dures of the No		
<b>6.</b> Are you a staff member of the	practice setting?	Yes	No		

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If your answer is no, please answer A - E questions:

	A.	Do you have an understanding of the practice setting's mission, policie		_ No
	В.	Is the extent of your responsibility for the supervisee clearly defined in to be supervised, role in personnel evaluation within the practice setting of the clinical supervision training plan?	g, and othe	
	C.	Is the responsibility for payment of supervision clearly defined?	Yes	_No
	D.	Is the supervisee paying you directly for supervision?	Yes	_No
	E.	Do you maintain responsibility to the client and the practice setting?	Yes	_No
7. Will	you	perform the following?		
	A.	Provide oversight, guidance, and direction for the supervisee's clinical counseling by assessing and evaluating the supervisee's performance?	?	addiction _No
	В.	Conduct supervision as a process distinct from personal therapy, didac addiction counseling consultation?		tion, or _No
	C.	Provide documentation of supervisory qualifications to the supervisee?	Yes	_No
	D.	Periodically evaluate the supervisee's clinical functioning?	Yes	_No
	E.	Provide supervision in accordance with the clinical supervision training		_No
	F.	Maintain documentation of supervision in accordance with the clinical splan?	supervisior Yes	training _No
	G.	Provide the documentation required by the board when the supervisee postgraduate supervised professional experience. This documentation board-approved forms and in a manner that will enable the board to ev quality of the supervisee's professional experience and assign credit for	shall be so aluate the or that expe	ubmitted on extent and
	Н.	Provide a level of supervision that is commensurate with the education and ability of both you and the supervisee?		experience, _No
	I.	Ensure that each client knows that the supervisee is practicing addiction supervision?		ng under _No
8. Do y the rec	ou Juire	have a thorough knowledge and understanding of BSRB statutes and rements of post graduate supervision for addiction counselors?	egulations Yes	

### 6. Supervisor's and Supervisee's Attestation:

We, the undersigned supervisee, and supervisor, acknowledge that we have both read and agree to all aspects of this plan, and have read and understand the post graduate supervised work experience requirements set forth in regulations. We attest, to the best of our knowledge, that this plan meets the training requirements as outlined in statute and regulation, including the requirements for the provision of treatment and assessment as well as the required supervision. We also attest that the forgoing information constitutes an accurate and honest description of the duties to be performed by the supervisee.

Signature of Supervisee	Date	
Signature of Supervisor	Date	

You should receive a written response regarding your clinical training plan from the Board office within 30 days. If you have not received a response within 30 days from submission, please contact the Board office.

Attention supervisors, for additional information regarding clinical supervision, please see the website at: <a href="https://ksbsrb.ks.gov">ksbsrb.ks.gov</a>