

FILING OF CLINICAL SUPERVISION TRAINING PLAN

To begin accruing hours toward the LCP you must submit a training plan for approval to the Board.

- There is no fee to file a Clinical Supervision Training Plan.
- The Clinical Supervision Training Plan needs to be completed by you and your supervisor(s).
- You and your supervisor(s) will need to read the statutes and regulations prior to completing the training plan. Please see K.A.R. 102-4-7a, for the supervision requirements for a clinical license. All statutes and regulations may be found on our website www.ksbsrb.ks.gov
- Attach with your training plan an official job description for any position where you intend to accrue hours towards the LCP. If your work site is a private practice, you may write your own.
- **Note:** An approved training plan is not required to see clients or provide clinical services. You must, however, **always** be under direction or supervision, until you are clinically independently licensed. (This information was provided when your LMLP license was issued.) When a training plan is submitted, it may take up to 30-45 days for review and approval. If the training plan is approved, the approval date (the start date for accruing hours) will be as of the date it was received in the Board office. An approval will be emailed to you and any approved clinical supervisor(s).
- You must be under supervision and accrue hours towards the LCP for a minimum of 24 months.
- You will be notified in writing by the Board office within 30 days regarding approval of your training plan. If you have not received notification within 30 days, please contact the board office.
- Any changes to the approved training plan must be submitted in writing **within 45 days of the change** or the hours accrued prior to notification will not be accepted.
- Once all the supervision requirements have been completed you may apply for the LCP and take the exam at any time. You are not required to apply for the LCP or take the exam within a specified amount of time.
- Return the training plan to the BSRB by postal mail to the address above or by email to bsrb@ks.gov **Do not submit the training plan by fax.**

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Laura Kelly, Governor

**Clinical Supervision Training Plan
Clinical Psychotherapist**

No hours may be accrued toward the LCP without an approved training plan. The training plan approval date will be backdated to the date the training was received in the Board office, provided the plan is approved.

The supervisee shall complete sections 1 and 2.

The supervisee together with the supervisors shall complete sections 3 and 6.

Each supervisor(s) with whom the supervisee will be accruing hours towards the LCP shall complete sections 4 and 5.

1. Information regarding supervisee: [Completed by supervisee]

Name _____ Email _____

Home Phone _____ Cell Phone _____
(Optional)

Home Address _____

City, State, Zip _____

License number _____ Issue date _____ Expiration date _____

Name of your clinical training plan supervisor _____

2. Information regarding the Supervision Setting: [Completed by supervisee]

Section 2 must be completed for each work site and position where you will be accruing hours toward the LCP.

Work site and address where you will be accruing hours towards the LCP.

Work site _____

Address _____

City, State, Zip _____

Phone _____ Your Title in this supervised setting _____

Attach an official position description for each position that will be used to accrue hours towards the LCP

**3. Information regarding Supervision Training Plan:
[Completed by supervisee and supervisor(s) together]**

If the answer to any of these questions is no, provide an explanation on a separate page.

1. Diagnosis

- a. Will the supervisee, under the supervision of the supervisor be diagnosing clients? Yes No
- b. Will the supervisee be using the DSM-5 to diagnose clients? Yes No

2. Psychotherapy

Will the supervisee, under the supervision of the supervisor, provide psychotherapy to clients? Yes No
If no, the training plan cannot be approved.

3. Will the supervisee meet the minimum requirements in no fewer than two years? Yes No

4. Answer the following questions regarding supervision:

- a. Will the supervisee meet for supervision at least twice a month, one of which must be individual supervision? Yes No
- b. Will the supervisee meet for one hour of supervision for every 15 hours of direct client contact? Yes No
- c. Will the supervisee accrue a minimum of 50 hours of individual supervision? Yes No
- d. Will the supervisee participate in group supervision? Yes No
If yes, will there be six or fewer LMLP supervisees? Yes No
- e. Will the supervisee accrue a minimum of 100 hours of supervision? Yes No
- f. Will any supervision occur via interactive televideo? Yes No
If yes, is the platform technologically secure? Yes No

Note: The format of supervision must be noted as part of the supervisor's attestation.

5. Will both the supervisee and the supervisor document the supervision meetings (to include date and length) in writing in a way that can be reviewed by the Board if requested? Yes No

6. Will the supervisee receive regular, and periodic evaluations? Yes No

7. Will the supervisee notify the clients in writing that the supervisee is practicing under supervision, the limits of confidentiality under supervision, and the name and contact information for the approved supervisor? Yes No

8. Will the supervisee notify the Board in writing of **any changes** to the approved training plan within 45 days of the change? Yes No

9. Is there a plan in place to remediate conflicts between the supervisee and the supervisor? Yes No

10. Will the supervisee be providing services to clients who are not physically located in the state of Kansas at the time services are provided? Yes No

11. If yes, is the supervisee licensed in the state where the client is located? Yes No

12. If yes, is the clinical supervisor clinically licensed in the state where the client is located? Yes no

Please provide answers to questions 13-18 on a separate sheet of paper:

13. Describe the format and schedule for supervision.

14. Clients

a. Describe the clients to whom the supervisee will be providing services.

b. What services will the supervisee be providing to clients?

15. Review the definition of clinical psychotherapy practice below (KAR 102-4-1a(d)) list the clinical supervision goals and briefly describe how the supervisee will attain those goals. Additional goals may be provided, however, goals based upon numbers 1 – 6 must be provided.

(d) "Clinical psychotherapy practice" means the independent practice of master's level psychology and the application of psychology theory and methods to the treatment and prevention of psychosocial dysfunction, disability, or impairment, including behavioral, emotional, and mental disorders. Clinical psychotherapy shall include the following:

(1) Assessment;

(2) diagnosis of mental disorders;

(3) planning of treatment, which may include psychotherapy and counseling;

(4) treatment intervention directed at interpersonal interactions, intrapsychic dynamics, and life management issues;

(5) consultation; and

(6) evaluation, referral, and collaboration.

16. Outline the supervisees responsibilities in relation to these goals and objectives.

17. Outline the supervisor's responsibilities in relation to these goals and objectives.

18. Describe the contingency plans for missed supervision sessions, and supervision if the approved clinical supervisor is unavailable. **Provide the name of emergency supervisor (required).**

An emergency supervisor is someone you would contact in an emergency or crisis if you could not contact your approved clinical supervisor. He/she can be anyone who is clinically licensed since the supervisee will not be accruing any supervision towards the LCP with this person.

A back up supervisor is someone with whom the supervisee would meet for supervision if the approved clinical supervisor is unavailable, either because of an unplanned or extended absence. This person must be approved in writing by the Board.

Please note: Anyone whose name is provided in answering this question is NOT automatically approved to provide supervision. No hours accrued under this supervisor (or supervisors) may be used toward the required hours for the LCP unless he/she is approved by completing section 4,5 and 6 of the training plan or by submitting a training plan amendment after the training plan has been approved. Any supervisor with whom you wish to accrue hours towards the LCP must be approved by the Board. Approval is provided by submitting the appropriate documentation to the Board.

Each clinical supervisor with whom you will be accruing hours towards the LCP must complete sections 4,5, and 6.

4. Information regarding supervisor: [Completed by supervisor(s)]

Name _____ Email _____

Business _____

Address _____

City, State, Zip _____

Home Phone _____ Work Phone _____

License Type _____ License Number _____ Issue date _____ Expiration date _____

Were you licensed at the clinical independent level in a state prior to Kansas? Yes _____ No _____

If yes, state of licensure _____ License type _____

Issue date _____ Expiration date _____

Have you practiced as a clinical psychotherapist for a minimum of two years beyond the date of clinical licensure? (Licensed Psychologist may skip this question) Yes _____ No _____

If your answer is "No," you are not eligible to be a clinical supervisor.

Are you currently under disciplinary investigation, sanction, or practice limitation or any other adverse action imposed by a state credentialing board or professional organization? Yes _____ No _____

If yes, please explain fully in an attached, signed statement.

5. Information regarding the supervisory relationship: [Completed by supervisor(s)]

Please read K.A.R. 102-4-7a(c) before answering the following questions.

1. Per K.A.R. 102-4-7(c)(1) - Do you have professional authority and responsibility for the supervisee's clinical functioning in the practice of master's level psychology? Yes _____ No _____

2. Do you have a dual relationship with the supervisee? Yes _____ No _____

3. Do you have knowledge of and experience with the supervisee's client population? Yes _____ No _____

4. Do you have knowledge of and experience with the methods of practice that the supervisee will employ? Yes _____ No _____

5. Do you have an understanding of the organization and administrative policies and procedures of the supervisee's practice setting? Yes _____ No _____

6. Are you a staff member of the practice setting? Yes _____ No _____

If not, please answer A - E:

- A. Do you have a sound understanding of the practice setting's missions, policies, and procedures? Yes _____ No _____
- B. Is the extent of your responsibility for the supervisee clearly defined in terms of client cases to be supervised, role in personnel evaluation within the practice setting, and other aspects of the clinical supervision training plan? Yes _____ No _____
- C. Is the responsibility for payment of supervision clearly defined? Yes _____ No _____
- D. Is the supervisee paying the supervisor directly for supervision? Yes _____ No _____
- E. Does the supervisor maintain responsibility to the client and the practice setting? Yes _____ No _____

7. Will you perform the following?

- A. Provide oversight, guidance, and direction of the supervisee's clinical practice of master's level psychology by assessing and evaluating the supervisee's performance? Yes _____ No _____
- B. Conduct supervision as a process distinct from personal therapy, didactic instruction, or masters level psychology consultation? Yes _____ No _____
- C. Provide documentation of supervisory qualifications to the supervisee? Yes _____ No _____
- D. Periodically evaluate the supervisee's clinical functioning? Yes _____ No _____
- E. Provide supervision in accordance with the clinical supervision training plan? Yes _____ No _____
- F. Maintain documentation of supervision in accordance with the clinical supervision training plan? Yes _____ No _____
- G. Provide the documentation required by the board when a supervisee completes the postgraduate supervised professional experience? Yes _____ No _____
- H. Provide a level of supervision that is commensurate with the education, training, experience, and ability of both the supervisor and supervisee. Yes _____ No _____
- I. Ensure that each client knows that the supervisee is practicing masters level psychology under supervision? Yes _____ No _____

8. Do you have a thorough knowledge and understanding of BSRB statutes and regulations regarding the requirements of post graduate supervision for the supervisee's profession? Yes _____ No _____

6. Supervisor's and Supervisee's Attestation:

We, the undersigned supervisee and supervisor, acknowledge that we have both read and agree to all aspects of this plan, and have read and understand the post graduate supervised work experience requirements set forth in regulations. We attest, to the best of our knowledge, that this plan meets the training requirements as outlined in statute and regulation, including the requirements for the provision of psychotherapy and assessment as well as the required supervision. We also attest that the forgoing information constitutes an accurate and honest description of the duties to be performed by the supervisee.

Additionally, the supervisee hereby gives consent to the supervisor to discuss supervision or performance issues with the supervisee's clients, other professionals in the practice setting, the Board, or any other individual to whom either is professionally accountable.

Signature of Supervisee

Date

Signature of Supervisor

Date

You should receive a written response regarding your clinical training plan from the board office within 30 days. If you have not received a response within 30 days from submission, please contact the board office.

Attention supervisors, for additional information regarding clinical supervision, please see the website at: ksbsrb.ks.gov

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