

## Follow Up Information for Discussion on Description of Profession

On June 14, 2024, outgoing Advisory Committee member provided the following language to describe the marriage and family therapy profession: *“A Marriage and Family Therapist, also known as a Couple and Family Therapist, is a trained mental health professional that focuses on the interconnectedness of people and their world. An MFT will focus on how the relationships you engage in impact your mental health. MFTs can use skills and techniques you might find in other professions with a particular focus on healing connections in a person's life to positively improve their mental health.”*