

**BEHAVIORAL SCIENCES REGULATORY BOARD  
PROFESSIONAL COUNSELOR ADVISORY COMMITTEE MEETING  
OCTOBER 2, 2025  
Approved Minutes**

**I. Call to Order.** Laura Shaughnessy, Chair of the Advisory Committee, opened the meeting and called roll.

**Advisory Committee Members:** Advisory Committee members who participated by Zoom were Laura Shaughnessy, Jim Kilmartin, Melissa Briggs, Amanda Brown, Michael Countryman, Samantha Holloway, Jason Li, Vanessa Perez, Amanda Petrik-Gardner, and Amanda Wade. Mahsa Maghsoudi was absent.

**BSRB Staff:** David Fye, Executive Director for the BSRB, and Leslie Allen, Assistant Director, were present by Zoom.

**II. Agenda Approval.** Vanessa Perez moved to approve the agenda with the correction of the date of the next meeting being December 4, 2025. Amanda Brown seconded the motion. The motion passed.

**III. Approval of Minutes from Previous Meetings on August 4, 2025.** Michael Countryman moved to approve the minutes from August 4, 2025. Jason Li seconded. The motion passed.

**IV. Executive Director’s Report.** The Executive Director provided updates on agency operations, legislative updates, and actions from recent Board meetings.

**V. Updates on Professional Counseling Multi-State Compact.** Chair of the Advisory Committee, who serves as Compact Commissioner for Kansas, provided updates on the Multi-State Compact. She noted that two states were set to go live a couple of days ago. The Executive Director provided updates on the Professional Counseling Multi-State Compact. Kansas has not required a background check for licensure in the past, however that is a requirement to practice under the compact. The Executive Director is looking into whether this will need to be a regulation change. Licensees are required to have a 60-hour degree to practice under the compact as well.

**VI. Old Business**

**A. Continued Review and Discussion on Survey of Licensees.** At a previous meeting, Advisory Committee members discussed two sections of the draft survey report: (1) negative practice-related issues licensees have observed and (2) negative issues licensees have observed with supervision. For this meeting the Advisory Committees were asked to be prepared to discuss responses to questions on telehealth and artificial intelligence.

**i. Negative issues involving telehealth (page 16 and pages 59-69).**  
Advisory Committee members discussed responses related to negative

issues involving telehealth. Some respondents have embraced the change while others noted issues related to technology. Advisory Committee members noted training regarding telehealth may help licensees.

- ii. **Use of artificial intelligence in practice (page 19 and pages 80-86).** Advisory Committee members discussed the use of artificial intelligence in practice. A lot of the respondents reported not using artificial intelligence currently in their practice.

**B. Continued Discussion on Regulation of Artificial Intelligence.** The Advisory Committee noted that use of artificial intelligence must be HIPAA compliant.

## VII. New Business

**A. Review of Regulations.** The Executive Director and Assistant Director and Licensing Manager reviewed current regulations with Advisory Committee members, to see if any updates or changes are appropriate to be recommended and forwarded to the BSRB Board for action.

- i. **KAR 102-3-4a Applications for licensure.** BSRB staff advised the Advisory Committee to considering recommending several items, including: (1) in section (c)(6) for LCPC applicants, 350 hours should be changed to 280 hours; (2) if an applicant does not have 280 hours, the difference can be made up rather than completing the whole amount again; (3) the reference to 4,000 hours needs to be changed to 3,000 hours; (4) in section (e)(1) and (2), a 6-month temporary license should change to a 24-month temporary license; and (5) in (g) regarding “*extenuating circumstances*” it should point back to the definition regulation rather than repeating language, so it does not need to be changed in multiple places if a change is ever made. By consensus, the Advisory Committee recommended the changes highlighted by BSRB staff and recommended they be submitted to the BSRB Board.
- ii. **KAR 102-3-4b Application for licensure based on reciprocity.** BSRB advised the Advisory Committee to considering recommending several items, including: (1) the statutes for reciprocity were amended by the Legislature, so the corresponding regulation needs to be amended to clarify that applicants must meet substantially equivalent requirements or be licensed for 1 year instead of 48 of the past 54 months, with a similar scope of practice; and (2) there is no requirement for practice during that time. By consensus, the Advisory Committee recommended the changes and recommended they be submitted to the BSRB Board.
- iii. **KAR 102-3-5a Examinations.** This regulation was reviewed by the Advisory Committee, and it was the consensus that no changes need to be made to this regulation.
- iv. **KAR 102-3-9a Renewal and reinstatement.** BSRB Staff advised: (1) that in (b), there needs to be an update to the fees to show that if it is less than one year expired, it will have the late fee, but if it has been expired

for more than 1 year, the cost is just the regular renewal fee; and (2) add language about the possibility of a six-month reinstatement temporary license, if their license has been expired over one year, for those needing additional time to complete CEU's. By consensus, the Advisory Committee recommended the proposed changes and recommended submitting these changes to the BSRB Board.

- v. **KAR 102-3-9b Renewal audit.** BSRB Staff Advised: (1) in (c)(2), the word "original" needs to be struck from the regulation as there is no need for original documentation compared to scanned copies or electronic version for documentation of completion of continuing education; and (2) language could be added to clarify a mechanism like CE Broker could be used to verify documentation of continuing education, rather than the traditional method of completing forms and manually sending documentation. By consensus, the Advisory Committee recommended the proposed changes and recommended submitting these changes to the BSRB Board.
- vi. **KAR 102-3-14 Licensee consult with physician when determining symptoms of mental disorders.** This regulation will be tabled for discussion at a future meeting.
- vii. **KAR 102-3-15 Designation of referral source for use in the diagnosis and treatment of mental disorders.** BSRB Staff noted the Board previously recommended this regulation to the most current version of the DSM. Since moving to the DSM-V, the current version has now moved to the DSM-5-TR, so staff advised it may be advisable to update the regulatory reference to the DSM-5-TR. By consensus, the Advisory Committee recommended the proposed change and to forward the change to the BSRB Board for action.
- viii. **KAR 102-3-16 Services rendered to individuals located in this state.** This regulation was reviewed by the Advisory Committee, and it was the consensus that no changes need to be made to this regulation.
- ix. **KAR 102-3-17 Definition of Day.** BSRB staff advised that this regulation be struck, as it links back to a statute that no longer exists and the definition of a day for other purposes has been added to other regulations. By consensus, the Advisory Committee recommended the advised action and that the change be moved forward.

**VIII. Next Meeting: December 4, 2025, at 10am.** The next Advisory Committee meeting was scheduled for Thursday, December 4, 2025, at 10am (remote meeting). The Executive Director advised the members of the Advisory Committee to continue reviewing the tabled regulations for discussion on possible edits and updates at the next meeting.

**IX. Adjournment.** Michael Countryman moved to adjourn. Vanessa Perez seconded. The motion passed.