

**BEHAVIORAL SCIENCES REGULATORY BOARD
ADDICTION COUNSELOR ADVISORY COMMITTEE
TUESDAY, JANUARY 13, 2026**

DRAFT MINUTES

- I. Call to Order.** Jill Flessing, Chair of the Advisory Committee, opened the meeting with roll call.

Advisory Committee Members. Jill Flessing, Lisa Carter, Jason Greever, Chad Jacobs, Michael James, Charity Kossin, Crystal Norman, Dulcinea Rakestraw, and Zenova Williams were present. Denise Cyzman, Christina Boyd, and Judy Reusser were absent.

BSRB Staff. David Fye and Leslie Allen were present.

- II. Agenda Approval.** Dulcinea Rakestraw moved to approve the agenda. Chad Jacobs seconded. The motion passed.

- III. Review of Minutes from Previous Meeting on September 11, 2025.** Crystal Norman moved to approve the minutes from September 11, 2025. Lisa Carter seconded. The motion passed.

- IV. Executive Director's Report.** David Fye, Executive Director for the BSRB, provided an update on BSRB operations, legislative updates, and highlights from recent BSRB Board meetings.

- V. Old Business**

A. Continued Discussion on Draft Report on Survey of Licensees. The Executive Director previously asked Advisory Committee members to review the draft survey report and to be ready to discuss survey responses to two questions at this meeting.

i. Practice-Related Negative Issues. Advisory Committee members discussed survey responses to Question 13, which asked respondents if they had observed any areas where practitioners appeared to need more education or training. Advisory Committee members noted responses concerning co-occurring disorders, and concern was expressed regarding if individuals were diagnosing or discussing medication assisted treatment beyond the scope of their licenses. The Executive Director noted a priority for this survey was that the survey responses would be anonymous, so there is no way to know if responses were from dually licensed individuals, such as individuals who may be able to diagnose and treat using a different license.

ii. Negative Issues Concerning Telehealth. Advisory Committee members discussed survey responses to Question 14, which asked respondents if they had observed any negative issues concerning remote practice or telehealth. Advisory Committee members noted the popularity of telehealth and that the majority of respondents reported not negative issues, though some respondents noted issues involving technology or confidentiality concerns.

iii. Discussion at Next Meeting. The Executive Director asked Advisory Committee members to review and be ready to discuss responses to two survey questions at the next Advisory Committee meeting, including a question on practitioner use of artificial intelligence and a question that asked for any negative issues observed involving supervision.

B. Continued Discussion on Regulation of Artificial Intelligence. The Executive Director provided two additional resource documents for Advisory Committee members. The first document summarized three bills enacted in 2025 by Illinois, Nevada, and Utah, on state regulation of the use of artificial intelligence, and provided copies of the bills referenced. The second resource document was titled "Best Practices for the Use of Artificial Intelligence by Mental Health Therapists" from the Office of Artificial Intelligence Policy under the Utah Department of Commerce. The

Executive Director asked Advisory Committee members to review the two documents between this meeting and the next meeting in March 2026 and to be ready to discuss the documents at that time. Recommendations on the regulation of artificial intelligence were tabled until the next meeting.

VI. New Business

A. Review of Regulations. The Executive Director noted the BSRB Board previously asked Advisory Committee members to review several regulations for possible edits. Leslie Allen, Assistant Director and Licensing Manager for the BSRB, proposed the following recommended changes to the regulations for discussion:

i. K.A.R. 102-7-4 Application for licensure. The Assistant Director proposed the following edits to the regulation:

- In section (d)(3), add language on the submission of professional references to state, “*if not previously provided to the Board.*”
- In section (f)(3)(B) and (g)(2) add language after *extenuating circumstances* to state “*as defined in K.A.R. 102-7-1*” because *extenuating circumstances* is already defined in the definition regulation.
- Strike section (h), which includes a separate definition of *extenuating circumstances*.

By consensus, the Advisory Committee recommended the proposed changes and recommended the changes be forwarded to the Board for consideration.

ii. K.A.R. 102-7-4a Licensure without examination “Grandparenting.” The Assistant Director noted this regulation was written to assist individuals in gaining licensure when licensing of addiction counseling was new in 2012, but as it involved a closed group of individuals who were registered or credentialed as alcohol or other drug counselors between July 2008 and June 30 2011, the regulation is no longer needed, so it was proposed the regulation be removed. By consensus, the Advisory Committee recommended the regulation be removed and for the recommendation to be forwarded to the BSRB Board for consideration.

iii. K.A.R. 102-7-4b Application for licensure based on reciprocity. The Assistant Director proposed the following edits to the regulation:

- In section (a), add a reference to a master’s addiction counselor, then update statute number.
- In section (b)(2)(B), strike language concerning documentation of five years of continuous practice in another jurisdiction, as the reciprocity statutes have been changed to require 12 month of licensure in another jurisdiction, rather than five years of practice for licensure by reciprocity.
- In section (b)(2)(C)(3) add references to a “*master’s addiction counselor or a clinical addiction counselor*” making further edits to define what degree is needed for each level of license as well as whether specific coursework is required.
- In section (b)(2)(C)(4) strike existing language referencing at a practitioner engaging in professional practice at least 15 hours each week for nine months during each of the five years immediately preceding the date of application and replace with new standard of proof that the applicant held a license, registration, or certification with similar scope of practice for 12 months immediately preceding the application for reciprocity licensure.

By consensus, the Advisory Committee recommended the proposed changes and recommended those changes be forwarded to the Board for consideration.

iv. K.A.R. 102-7-5 Examination for addiction counselor or clinical addiction counselor. The Assistant Director proposed the following edits to the regulation:

- No proposed changes.

By consensus, the Advisory Committee did not recommend changes to this regulation.

v. K.A.R. 102-7-7 Renewal. The Assistant Director proposed the following edits to the regulation:

- In section (b), replace *late renew* with *reinstate*.
- In Section (b)(1), replace *late renew* and replace with *reinstatement*.
- In section (b)(2), add language to clarify that the payment of the renewal fee plus a penalty equal to the renewal fee only applies if it has been less than one year since the license expired.
- In section (c), replace *renew* with *reinstate*.

By consensus, the Advisory Committee recommended the proposed changes and recommended those changes be forwarded to the Board for consideration.

vi. K.A.R. 102-7-12 Designation of referral source for use in the diagnosis and treatment of substance use disorders. The Assistant Director proposed the following edits to the regulation:

- In regulation, add *text revision*, to reflect change from DSM-5 to DSM-5-TR.

By consensus, the Advisory Committee recommended the proposed changes and recommended those changes be forwarded to the Board for consideration.

vii. K.A.R. 102-7-8. The Assistant Director requested review of K.A.R. 102-7-8 be added to the agenda. By consensus, the Advisory Committee agreed to add review of this regulation to the agenda. The Assistant Director proposed the following edits to the regulation:

- In section (2) strike language ‘the original’ and change to say, ‘copies of the’. Then, adding language that would allow licensees to upload documents to a program approved by the Board, as BSRB cannot use CE Broker title in regulations.

By consensus, the Advisory Committee recommended the proposed changes and recommended those changes be forwarded to the Board for consideration.

B. Discussion on Making Up Practicum Hours for License. The Executive Director noted the Advisory Committee was previously supportive of pursuing a way for applicants to make up practicum hours using a temporary license. The Assistant Director and Licensing Manager stated she believed this change could be accomplished with a change to regulations, rather than needing a statutory change. Advisory Committee members expressed differing positions whether an entire practicum should be able to be substituted by making up additional hours or whether the ability to make up hours would be limited to making up hours so long as some practicum had been completed. The Assistant Director and Licensing Manager will bring back proposed regulation change of language with options for the Advisory Committee to discuss at a future meeting.

C. Discussion on Possible Alternate Pathway for Licensure. The Executive Director noted this topic was referred from the BSRB Board to each of the Advisory Committees for discussion. The Advisory Committee had no recommendation on this topic.

VII. Next Meeting. The next meeting will be in March 2026. The Executive Director will poll members to find an available date and time for the meeting.

VIII. Adjournment. Lisa Carter moved to adjourn the meeting. Charity Kossin seconded. Meeting adjourned.